

HOLDPLAN

AUGUST - SEPTEMBER 2020

MANDAG ROOM 1	TIRSDAG ROOM 1	ONSDAG ROOM 1	TORSDAG ROOM 1	LØRDAG ROOM 1	SØNDAG ROOM 1 - ROOM 2
	LADIES' STYLING Salsa 17.40 - 18.40 Ieva	BACHATA LAB All styles 17.50 - 18.50 VJ & Ieva	SALSA 3 Cuban Fusion 17.50 - 18.50 Dennis & Janne	LATIN CARDIO Dance fitness 10.30 - 11.30 Lela	
SALSA 2 Cuban Fusion 18.30 - 19.30 Dennis & Christina	SALSA 3 L.A. Style 18.50 - 19.50 VJ & Ieva	BACHATA 2 Bachata Fusion 19.00 - 20.00 VJ & Ieva	SALSA 4 Cuban Fusion 19.00 - 20.00 Dennis & Janne	BODY MOVEMENT Salsa solo class 11.40 - 12.40 Dennis	
SALSA 1 Cuban Fusion - youth class 19.40 - 20.40 Dennis & Christina	SALSA 4 Cuban Fusion 20.00 - 21.00 Dennis & Ieva	BACHATA 1 Bachata Fusion 20.10 - 21.10 VJ & Ieva	CHOREOGRAPHIC Salsa solo class 20.10 - 21.10 Dennis	SALSA 2 Cuban Fusion 12.50 - 13.50 Dennis & Ieva	
	SALSA LAB Solo - all styles 21.10 - 22.10 Dennis			SALSA 1 Cuban Fusion 14.00 - 15.00 Dennis & Ieva	
					11.00 - 22.00 - LOKALEUDLEJNING - PRIVATTIMER - BOOTCAMP Info & booking via mail



BEGYNDER

FORTSÆTTER

LETØVET

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OPEN LEVEL

FITNESS